

FRUIT & VEG

FRUITS

Apples	Gooseberries
Blackberries	Kiwis
Blueberries (Wild and Cultivated)	Melons
Cherries	Raspberries
Cranberries	Strawberries
Currants	

VEGETABLES

Beans	Corn
Broccoli	Onions
Carrots	Peas
Cauliflower	Peppers
Celery	Turnips
Chinese Vegetables	